

<p>13</p> <p>High 51</p> <p>Low 32</p> <p>Precipitation</p>	<p>April 4</p> <p>High 57</p> <p>Low 34</p> <p>10% Precipitation</p>	<p>April 5</p> <p>High 61</p> <p>Low 36</p> <p>8% Precipitation</p>	<p>April 6</p> <p>High 65</p> <p>Low 40</p> <p>14% Precipitation</p>	<p>April 7</p> <p>High 64</p> <p>Low 41</p> <p>20% Precipitation</p>	<p>April 8</p> <p>High 62</p> <p>Low 40</p> <p>23% Precipitation</p>
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Doug Johnson gave a presentation at the Kettle Falls Learning Center. Johnson discussed how to identify diseases with honey. Johnson also offered a honey tasting to attendees and discussed honey flavors. He is planning to host another presentation in the future. Photo by Cami Krema.

Rural Resources Works to Combat Senior Hunger

Cami Krema
Statesman-Examiner

Rural Resources has restarted their Senior Nutrition program, which provided 41,000 meals to more than 700 seniors in need in 2024, according to Alaina Kowitz, communications & outreach manager for Rural Resources.

However, with demand growing, the organization is calling on the community for support.

"We believe no senior should go hungry or feel forgotten," said Aja Bridge, nutrition services director at Rural Resources. "With rising costs and increasing demand, we need the community's help to keep

this program strong and sustainable." Contributions directly impact individuals like Shawn Williams of Kettle Falls, a military veteran and former prison guard who lost his eyesight due to a genetic disease in 2019.

Through the Senior Nutrition program, Williams receives three nutritious meals each week. "I don't have to cook out of a can," Williams said. "The meals are downright delicious."

Beyond meal delivery, the program aims to provide safety checks and companionship to seniors, helping ensure they remain nourished and connected.

More information can be found at rural-resources.org/nutrition-donations.

Gas Pump? Washington Lawmakers Consider Raising Standards, Sparking Concerns About Gas Prices

Standard needs to be updated to promote continued development of clean fuels while meeting the state's climate goals.

"I think the experience we have from the first couple years of the program shows that we can make it a little bit stronger and that that's necessary to overcome the increases in clean fuel production that I would hope to see," he told the committee.

He said he works with the Department of Ecology and testified the development of alternative fuels, like renewable diesel, had increased since the standard was enacted in 2019, though that has presented

